

## RÈCORDS DE SABADELL ABSOLUTS PISTA – HOMES

| Prova      | Marca     | Recordman                   | Any  | Club | Data       | Lloc              |
|------------|-----------|-----------------------------|------|------|------------|-------------------|
| 100        | 10"41     | Sergio Ruiz                 | 1989 | JAS  | 11/07/2013 | Barcelona-S       |
| 200        | 20"51     | Sergio Ruiz                 | 1989 | JAS  | 12/06/2013 | Salamanca         |
| 400        | 47"12     | Xavier Carrión              | 1991 | JAS  | 16/06/2012 | Barcelona-S       |
| 800        | 1'45"58   | Miguel Quesada              | 1979 | JAS  | 19/07/2008 | Barcelona-O       |
| 1.500      | 3'40"62   | Miguel Quesada              | 1979 | JAS  | 20/08/2002 | San Sebastián     |
| 5.000      | 14'22"8 m | Jaime L. Laredo             | 1973 | JAS  | 30/04/1994 | Mataró            |
|            | 14'22"83  | Martín García               | 1978 | JAS  | 04/07/2002 | Mataró            |
| 10.000     | 30'17"2   | Marc Ruiz                   | 1974 | JAS  | 19/03/1994 | Mataró            |
| 110 t.     | 14"03     | Roger Martínez              | 2003 | JAS  | 30/06/2024 | La Nucia          |
| 400 t.     | 51"48     | Xavier Carrión              | 1991 | JAS  | 22/07/2012 | Toledo            |
| 3.000 ob.  | 8'35"13   | Marc Ruiz                   | 1974 | JAS  | 26/07/1994 | Barcelona-S       |
| Alçada     | 2,05      | Josep M <sup>a</sup> Torres | 1979 | JAS  | 14/09/1996 | Barcelona CD      |
| Llargada   | 7,38      | Poncià Ramírez              | 1972 | JAS  | 23/07/1989 | Vitòria           |
| Perxa      | 5,42      | Santi Bañón                 | 1974 | JAS  | 24/02/1996 | San Sebastián-pc- |
| Triple     | 14,97     | Albert Raga                 | 1994 | JAS  | 25/06/2016 | Toledo            |
| Pes        | 13,63     | Gabriel Mellado             | 1975 | JAS  | 12/06/1994 | Hospitalet        |
| Disc       | 42,20     | Rafael Fernández            | 1991 | JAS  | 08/06/2014 | El Prat           |
| Javelina   | 60,78     | Ivan Torres                 | 1991 | JAS  | 18/07/2012 | Granollers        |
| Martell    | 54,83     | Rafael Fernández            | 1991 | JAS  | 09/02/2014 | Barcelona-S       |
| 10.000m.m. | 44'44"87  | David Cejudo                | 1988 | JAS  | 20/06/2010 | Barcelona-S       |
| Decatló    | 6.053 p   | Josep M <sup>a</sup> Pérez  | 1947 | JAS  | 02/06/1974 | Barcelona-U       |
| 4 X100     | 41"49     | Gotay-Carrión               |      |      |            |                   |
|            |           | Moreno-Ruiz                 |      | JAS  | 07/08/2011 | Málaga            |
| 4 X 400    | 3'17"97   | Carrión-Ruiz                |      |      |            |                   |
|            |           | Peula-Quesada               |      | JAS  | 26/08/2012 | Pamplona          |

## RÈCORDS DE SABADELL ABSOLUTS PISTA – DONES

| Prova     | Marca    | Recordwoman      | Any  | Club | Data       | Lloc            |
|-----------|----------|------------------|------|------|------------|-----------------|
| 100       | 12"07    | Mònica Marín     | 1976 | JAS  | 08/06/1991 | Barcelona-S     |
| 200       | 24"30    | Eva Martín       | 1985 | JAS  | 03/07/2005 | Sabadell        |
| 400       | 53"59    | Montse Pujol     | 1961 | JAS  | 17/06/1978 | Sittard (HOL)   |
| 800       | 2'04"12  | Carme Valero     | 1955 | JAS  | 09/07/1976 | Zürich (SUI)    |
| 1.500     | 4'08"34  | Carme Valero     | 1955 | JAS  | 08/06/1976 | Düsseldorf(RFA) |
| 5.000     | 16'32"94 | Rosa Morató      | 1979 | JAS  | 10/04/1999 | Baracaldo       |
| 10.000    | 41'37"0  | Mati Gómez       | 1942 | JAS  | 17/09/1978 | Sabadell        |
| 100 t.    | 14"24    | Montse Pujol     | 1961 | JAS  | 30/07/1978 | Madrid-I        |
| 400 t.    | 57"94    | Montse Pujol     | 1961 | JAS  | 17/06/1978 | Sittard (HOL)   |
| 3.000 ob. | 10'57"6  | Rosa Morató      | 1979 | JAS  | 25/10/1998 | Sabadell        |
| Alçada    | 1,74     | Fatoumata Diallo | 2006 | JAS  | 28/07/2024 | Castelló        |
| Perxa     | 4,10     | Ana Pinero       | 1986 | JAS  | 31/05/2017 | Barcelona -S    |
| Llargada  | 5,79     | Sònia Rallo      | 1972 | JAS  | 12/07/1992 | Alcorcón        |
| Triple    | 12,77    | Sònia Rallo      | 1972 | JAS  | 22/07/1992 | Granollers      |
| Pes       | 11,79    | Eva Uroz         | 1975 | JAS  | 12/04/1992 | Sabadell        |
| Disc      | 35,88    | Eva Uroz         | 1975 | JAS  | 12/07/1992 | Badalona        |
| Javelina  | 43,78    | Eva Uroz         | 1975 | JAS  | 18/07/1993 | Tarbes (FRA)    |
| Martell   | 47,10    | Montse Morató    | 1981 | JAS  | 21/08/2000 | Girona          |
| 5000m.m.  | 22'43"72 | Beatriz Pascual  | 1982 | JAS  | 05/07/2003 | Salamanca       |
| Heptatló  | 4471 p   | Mar Codó         | 1977 | JAS  | 03/07/1994 | Barcelona-S     |
| 4X 100    | 49"73    | Prados-Royo      |      |      |            |                 |
|           |          | E.Amiel-Rubio    |      | JAS  | 22/07/1990 | Barcelona-S     |
| 4 X 400   | 3'56"5   | Sans-Valero      |      |      |            |                 |
|           |          | Benet-Mira       |      | JAS  | 18/07/1985 | Barcelona-S     |